

Get Prepared Bag Checklist

Suffolk Prepared

This is a ‘Get Prepared Bag’ checklist for you to fill out and keep in a safe place. It suggests items that you may want to consider packing, should you and your family need to be evacuated from your home. Don’t forget to check your items regularly!

Our Get Prepared Bag is located in….	
1 **OUR ESSENTIALS**	☐ Household plan ☐ Insurance contact details and policy numbers (i.e. house & car) ☐ Basic toiletries ☐ First aid kit ☐ Mobile phone, charger and power bank ☐ Medication and details of prescriptions ☐ Hearing aids, contact lenses, glasses ☐ Torch, radio, spare batteries (or use wind up) ☐ Snacks and dietary food ☐ Water / Juice cartons ☐ Thermos ☐ Clothes (warm and/or cold weather) ☐ Outdoor shoes ☐ House and car keys ☐ Money and bank cards We have also included: _____
2 **OUR BABIES AND CHILDREN SUPPLIES**	☐ Food, water, formula, and snacks ☐ Nappies and wipes ☐ Clothes and blankets ☐ Games, toys, books ☐ Bottles, dummies, sterilising tablets We have also included: _____

3 **OUR PET SUPPLIES**	☐ Lead, collar, poo bags ☐ Carrier ☐ Food, water, and bowl ☐ Blanket We have also included: _____
4 **WE HAVE ALSO PACKED**	☐ Hand wipes / anti-bacterial gel ☐ Sleeping bags ☐ Hats and suncream ☐ Toilet paper ☐ Rubbish bags ☐ Note pad and pen We have also included: _____

Information

Our Household Plan is located in	
Our emergency contacts are	
Bank and Insurance contact details and policy numbers	
Neighbours that may need our help	
Medications and the people taking them	